

Italian long-grain rice. It's not as starchy and absorbs very little liquid.



Nutrition Facts	
Valeur nutritive	
Per 45 g dry / pour 45 g sec	
Amount	% Daily Value
Teneur	% valeur quotidienne
Calories / Calories	150
Fat / Lipides	0,5 g 1 %
Saturated / saturés	0,5g 1 %
+Trans / trans	0,5 g
Cholesterol / Cholestérol	0 mg 0 %
Sodium / Sodium	0,225 mg 0 %
Carbohydrate / Glucides	35 g 12 %
Fibre* / Fibres	1 g 4 %
Sugars / Sucres	0 g
Protein / Protéines	3 g
Vitamin A / Vitamine A	0 %
Vitamin A / Vitamine C	0 %
Calcium / Calcium	2 %
Iron / Fer	11 %