

Thank You to our many

Donors & Sponsors!

You Make a Difference in the life of a child!

Program Sponsors

The United Way
Ministry of Education
★★★★★★★★★★★★★★★★★★★★

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This volunteer job brings joy

(published in the London Free Press– Aug.10,2009)

There's an overwhelming need—more than 10 000 kids on a waiting list across Canada, with more than 60 locally. It doesn't take much time—just 3-4 hours once a week and the concept couldn't be simpler: Be a friend.

But if you're not still not sure volunteering as a Big Brother or Big Sister is a good idea, then chew on this : It'll make you happier.

There's even a study that proves it.

A national survey conducted by Ipsos Descarie found that 29% of Canadian adults described their lives as "very happy", compared to 51% of those who became a Big Brother or a Big Sister.

If that's not enough to get you interested feed on these findings from the survey, which was commissioned by Standard Life Insurance Company of Canada: 81% of Big Brothers and Big Sisters from Ontario said that they were optimistic about life compared to 59% of typical Ontarians.

When asked to respond to the statement, " As I get older, things are better that I ever would have thought,," 74% of youth mentors agreed, compared to 53% of non-mentors.

You want to be happier? You want to feel more positive and optimistic? You want to get infected with some energy and excitement that splatters of a kids between the ages of 6 and 16?

Then do yourself a favour: Become a Big Brother or Big Sister.

(By Ian Gillespie)

Do you know someone that would make a great Big Brother or Big Sister?

Starting September 1st we will be launching a volunteer recruitment campaign. If you refer a friend and they become a Big you will be entered for a chance to win a pair of movie passes or a ticket to our upcoming event,

" A Decadent Evening."

So pass the word around!!!! Make sure your referral gives your name when applying and you will automatically be entered to win!!

Contest ends November 30, 2009.

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www.bigbrothersbigisterskingston.com

P.O Box 2016

260 Brock Street

Kingston, ONT K7L 5J8



Big Brothers Big Sisters
Kingston, Frontenac, Lennox & Addington

Fall



The Big Whig

September 2009

September is Big Brothers Big Sisters Month!!

Every September agencies across Canada celebrate the friendships that have been built through their programs and services. Last year we had the opportunity to create 198 new friendships through our traditional matching program, our in-school mentoring program and our Go Girls! Program. In order to keep these programs available to the children in our community we need your support.

60% of our funding comes from our local United Way. Their campaign starts September 1st and runs until December 1st. You can support us by supporting the United Way. They provide partial funding currently to support our Traditional Match and In School Mentoring programs.

You can contribute to their campaign by;

making a donation to the United Way
contributing through your workplace campaign
share your stories about how



Big Brothers Big Sisters
Kingston, Frontenac, Lennox & Addington



Amazing Challenge Results

On Saturday, August 15th, 48 people participated in the third annual "Kingston Amazing Challenge." Congratulations to the Pita Pit team (winners of this year's Amazing Challenge!) The team won a Via rail trip to the Quebec corridor and a stay at a Tidan hotel for 2 nights.

A fun day was had by all and we thank all participants and volunteers who helped make this day a success!! With your help we raised over \$2300!!



Pizza Pizza Family Day

Thank you to Pizza Pizza and manager Jimmy Hassan for hosting a fun filled day. We enjoyed the bouncy castle, face painting and of course, the pizza!!! A total of \$607.30 was raised and will go directly to supporting our programs. Thank you to everyone who came out to support this event!



IF YOUR BUSINESS OR WORKPLACE HAS AN INTEREST IN HOSTING AN EVENT IN SUPPORT OF A CHARITY, WHY NOT CONTACT US AT BIG BROTHER BIG SISTERS. YOUR BUSINESS WILL GET SOME GREAT COVERAGE AND OUR AGENCY WILL RECEIVE SOME MUCH NEEDED FINANCIAL SUPPORT. CALL 613 544-1621.

Pump a Little Gas



On Saturday, July 11th BBBS staff and volunteers had a BBQ and pumped gas for donation at Ultramar at Collins Bay/Bath Road. Despite the cool temperatures and the rain we raised \$666.17!!! Thank you to our volunteers and the generosity of the Kingston community. Look for this event next summer!!!

Liaison College Presents A Decadent Evening

Wednesday, December 9, 2009

7pm- 10pm

Royalton Residence

Dining Room

Princess Street

Enjoy premium tastings from
Ontario Wineries and Breweries
with unique food pairings created by Liaison College Chefs.

Featuring premium silent auction items

All proceeds to support the

Programs of

Big Brothers Big Sisters KFL&A

Tickets \$50 (partial tax receipt)

Contact Big Brothers Big Sisters office at:

(613) 544-1621 or

e-mail at bigbrothers@cogeco.net

Christmas Gift Wrap

Each year Big Brothers Big Sisters runs a charity gift wrapping service at the Cataraqui Town Center. This service is shared amongst 3 charities. We have set rates that we charge for each sized item. You can support this initiative by: having your gifts wrapped, volunteering to be a gift wrapper, or donating to the purchase of gift wrapping paper and supplies to be used. Each year we raise about \$1000 with this service.



Bowl for Kids Sake 2010



Mark your calendars for the last weekend of March 2010 for our annual "Bowl for Kids Sake."

This year's theme is "Olympics" in honour of the 2010 Winter Olympics in Vancouver. Keep up to date with the event by going to our website at www.bigbrothersbigsisterskingston.com

You or your company, business can be involved in the following ways:

Get a group of family and friends together and register a team, collect pledges and compete with others to earn some great prizes.

Have your workplace or business sponsor a team and receive the added benefits of being a sponsor, which includes signage, etc. Sign up early and your business could receive even more exposure.

As a business or corporation become the Presenting sponsor of the event. Receive exclusive media ad coverage before, during and after the event.



Yes! I want to support Big Brothers Big Sisters KFL&A

Name _____

Address _____

Town/City _____

Postal Code _____ Home Phone: _____

E-Mail _____

Please accept my gift of (please check) \$200 \$100 \$50 \$25 Other- _____
I would like to make a monthly donation of \$ _____

If you wish to make a donation by Visa, Mastercard or American Express, you can do so at
www.bigbrothersbigsisterskingston.com

Charitable Registration # 132351248 RR 0001

Please mail or fax this form to:

Big Brothers Big Sisters Kingston, Frontenac,

Lennox & Addington

P.O. Box 2016, 260 Brock Street, Kingston, ONT

K7L 5J8 Fax(613)544-5742