



Nutrition Facts Valeur nutritive	
Per (50 g) pour (50 g)	
<b>Calories 330</b>	<b>% Daily Value*</b> <b>% valeur quotidienne*</b>
<b>Fat / Lipides 33 g</b>	<b>44 %</b>
Saturated / saturés 31 g	155 %
+ Trans / trans 0 g	
<b>Carbohydrate / Glucides 12 g</b>	
Fibre / Fibres 7 g	25 %
Sugars / Sucres 3 g	3 %
<b>Protein / Protéines 3 g</b>	
<b>Cholesterol / Cholestérol 0 mg</b>	
<b>Sodium 20 mg</b>	<b>1 %</b>
Potassium 100 mg	2 %
Calcium 10 mg	1 %
Iron / Fer 1.25 mg	7 %
*5% or less is a little, 15% or more is a lot *5% ou moins c'est peu, 15% ou plus c'est beaucoup	

# David Roberts UNSWEETENED COCONUT SHREDDED

Freshly grated coconut has a light, sweet, and nutty taste with a slightly chewy texture. It is an essential ingredient in many traditional dishes and desserts, providing a unique flavor and aroma.

MPC	SCC/GTIN	DESCRIPTION	PACK	SIZE
DF173	10067261091731	UNSWEET SHREDDED COCONUT	3	1KG

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