



Item #: 30410

Lamb Weston® 5/8" Gourmet Breaded Onion Rings

Brand: Lamb Weston®
Cut Size: 5/8" Onion Rings
Package Size: 8/2# CT

Gourmet crumb onion rings. Flavorful, sweet Spanish onions sliced to 5/8" and coated with our premium gourmet bread crumbs. Ideal as a snack or appetizer served with dipping sauces; portion controlled and provide consistent servings and appearance. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.



The uniform size leads to better portion control, less waste for your operations, and makes it easier to calculate product costs.

NUTRITION AND COOKING METHODS

Serving size: About 4 pieces (96g)
Servings per container: About 9
Calories [per serving]: 160

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Amount per Serving		% Daily Value*
Total Fat	0.5g	1%
Saturated Fat	0.0g	0%
Trans Fat	0g	
Cholesterol	0.0mg	0%
Sodium	370.0mg	16%
Total Carbohydrate	36.0g	
Dietary Fiber	1.0g	4%
Total Sugars	3g	
Added Sugars	1.0g	2%
Protein	4.0g	
Vitamin D	0.0mcg	0%
Calcium	21.0mg	0%
Iron	0.79mg	4%
Potassium	100.0mg	2%

Ingredients: Onions, Wheat Flour, Water, Enriched Wheat Flour (Flour, Niacin, Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Modified Corn Starch, Yellow Corn Flour, Salt, Onion Powder, Whey (Milk), Sugar, Dextrose, Garlic Powder, Yeast, Colored with Turmeric, Paprika, Annatto.
CONTAINS: WHEAT, MILK

Grade: A
Kosher: No
Halal: Yes

Cooking Method	Time	Temperature	Additional Instructions
Deep Fry	2 - 2 1/2 min	345 - 350°F	Deep fry from frozen state.

SHIPPING AND STORAGE

Shipping Information

Item Number	30410
GTIN	10044979304100
Net Weight	16 lb
Gross Weight	19 lb
Count Per Pound	15-25
Case Cube	1.37
Ti/Hi	7,10
Country of Origin	
Shelf Life	360 days

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.