



Spec Type: Customer Specification  
 Issued Date: 10-Jul-2018  
 Updated By: Zainab Ahmad  
 Approved By: Florence Tang

Channel: Food Service  
 Revision Date: 4/4/2022  
 Verison: 4

#### PRODUCT INFORMATION:

**Product Name:** Sole Fillet, 5 oz, skinless, boneless, MSC

**Description:** 1 x 10 lb., IQF

**Latin Name:** Hippoglossoides elassodon

**Brand:** Ocean Jewel

**Country(ies) of Origin:** China

**Shelf Life:** 24 Months

**Storage:** Keep frozen at -18 C (-0.4 F)

**Wild/Farmed:** Wild

**EP Item Code** SF03141

**SCC:** 20059371781975

**UPC:** n/a

**Documentation:** GFSI 3rd party audit (BRC/ISO22000)

HACCP Plans and good record keeping

Sustainability Certificate - Ocean Wise / MML-C-1206

#### PACKAGING:

**Packaging Description:** IQF fillets packed in a blue polyethylene bag and then in a master case.

**Master Case Weight NET:** 4.54 Kg (10 lb)

**Master Case Weight GROSS:** 5.0 Kg

**Master Case Dimensions:**

Length: 39.37 cm

Width: 27.94 cm

Height: 11.43 cm

**Units per Case:** 1

**Unit weight NET:** 4.54 Kg (10 lb)

**Unit weight GROSS:** n/a

**Unit Dimensions:**

Length: n/a

Width: n/a

Height: n/a

**Pallet Configuration:**

**Cases per Pallet:** 80

**(Tie) Cases per layer:** 10

**(Tier) Layers per pallet:** 8

**Cube:** 0.01257 m<sup>3</sup>

**Coding Format:**

**Production Code Format:** YYYYMMDD

**Best Before Format:** YYYYMMDD



**NUTRITION FACTS:**

| <b>Nutrition Facts</b>   |                              |
|--|------------------------------|
| <b>Valeur nutritive</b>  |                              |
| Per 1 piece (142 g)  |                              |
| pour 1 morceau (142 g)   |                              |
| <b>Calories 100</b>  | <b>% Daily Value*</b>        |
|  | <b>% valeur quotidienne*</b> |
| Fat / Lipides 2.5 g  | 3 %                          |
| Saturated / saturés 0.5 g  | 3 %                          |
| + Trans / trans 0 g  |                              |
| Carbohydrate / Glucides 0 g  |                              |
| Fibre / Fibres 0 g   | 0 %                          |
| Sugars / Sucres 0 g  | 0 %                          |
| Protein / Protéines 18 g   |                              |
| Cholesterol / Cholestérol 65 mg  |                              |
| Sodium / Sodium 650 mg   | 28 %                         |
| Potassium 225 mg   | 5 %                          |
| Calcium / Calcium 30 mg  | 2 %                          |
| Iron / Fer 0.3 mg  | 2 %                          |
| * 5 % or more is a <b>little</b> . 15 % or more is a <b>lot</b> .      |                              |
| * 5 % ou moins c'est <b>peu</b> . 15 % ou plus c'est <b>beaucoup</b> . |                              |

**INGREDIENT DECLARATION:**

Sole, Water, Sodium phosphate

**ALLERGEN LIST:**

Fish

**PREPARATION INSTRUCTIONS**

Product is frozen raw. Keep frozen until used. Do not refreeze.

Product is best defrosted on a sheet pan, one layer and cover with plastic. It should be thawed in a refrigerator for 24 hours.

Portions should not be defrosted in running water.

Cook until a minimum internal temperature of 158°F (70°C)

